



**G.D. GOENKA
SCHOOL**

CBSE AFFILIATION NO. 2133857

G.D. GOENKA SCHOOL

(Under the Aegis of G. D. Goenka Group, New Delhi)

VARANASI

REPORT: Visit to Sarnath as a part of School Picnic.

DATE: 10 November 2023

CONDUCTED BY: G.D.Goenka , Varanasi

ATTENDED BY: Students of Nursery and KG

Students (Nur & KG) of G. D Goenka School Varanasi visited Sarnath as a part of School Picnic

During this trip, students explored the sacred grounds where Lord Buddha delivered his first sermon, known as the Dhammacakkappavattana Sutta. They learnt about the Dhamek Stupa, a symbol of Buddhism, and gained insights into the life and teachings of the Lord Buddha. Children also explored the Sarnath Archaeological Museum which houses a remarkable collection of ancient artifacts, sculptures, and relics from the Mauryan and Gupta periods. This visit provided a visual history lesson, allowing students to connect with the past. The excursion concluded with a moment of reflection and meditation at the peaceful Deer Park, where Lord Buddha's transformative discourse took place. Here, students contemplated the principles of Buddhism, inner peace, and compassion.







Regards:

G.D. Goenka, Varanasi