

G.D.Goenka School Varanasi

Report : Health Check-Up

Date: 04 October 2024

Conducted By- Heritage Hospital

Participated By- Students of different Classes

Joint initiative of Wellness at GD Goenka School, Varanasi!!!

In partnership with Heritage Hospital and Indian Association of Dermatologists, Venereologists, and Leprologists (IADVL).

We recently organized an exclusive Health Check-Up for students of Classes 8 to 12, focusing on essential skin, nails and hair care. ♀

₹ ₹ The expert dermatologists shared valuable tips on maintaining healthy skin, advising students to stay hydrated, limit junk food, and avoid chemical-laden products. They also emphasized the benefits of incorporating healthy greens, vegetables, and fruits into our diets for radiant skin.

Furthermore, they reminded us that Your appearance is a reflection of your inner wellness – let your look tell a story of health and vitality

Students received personalized skin assessments with sample products provided to address individual concerns. We extend our sincere thanks to the dermatology team for their invaluable expertise and care. ✨

